

No. PEP should be used only in emergency situations.

- PEP is prescribed after a possible exposure to HIV.
- PEP is not a substitute for regular use of other HIV prevention.
- PEP is not the right choice for people who may be exposed to HIV frequently.
- care provider about PrEP (pre-exposure prophylaxis).



Depending on the reason you are prescribed PEP, you may qualify for free or low-cost PEP medicines.

- If you were sexually assaulted, you might qualify for partial or total reimbursement for medicines and clinical care costs. Find resources in your area at www.justice.gov/ovw/local-resources.
  If you think you were exposed to HIV at work, your workplace health insurance or workers'.
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If you cannot get insurance coverage, your health care provider can apply for free PEP medicines through the medication assistance programs run by the manufacturers. Learn more at www.cdc.gov/hiv/basics/pep/paying-for-pep.



provider about PEP right away.

- Shared needles, syringes, or other equipment to inject drugs
  - Were sexually assaulted, or
- May have been exposed to HIV during sex (for example, if the condom broke),

If you're HIV-negative or don't know your HIV status and in the last 72 hours you

PEP, or post-exposure prophylaxis, means taking medicine to prevent getting HIV after a possible exposure.

PEP must be started within 72 hours (3 days) after you may have been exposed to HIV. But the sooner you start PEP, the better. Every hour counts!



- If your health care provider prescribes
  PEP, you'll need to take it daily for 28 days.
- PEP is effective in preventing HIV, but not 100%.
  While taking PEP, always use condoms with sex partners and use safe injection practices.



For more information on PEP, visit www.cdc.gov/hiv/basics/pep and for general information about HIV call 1-800-CDC-INFO (232-4636).

## PEP

If you may have been exposed to HIV in the last 72 hours (3 days), talk to a health care provider about PEP right away.

